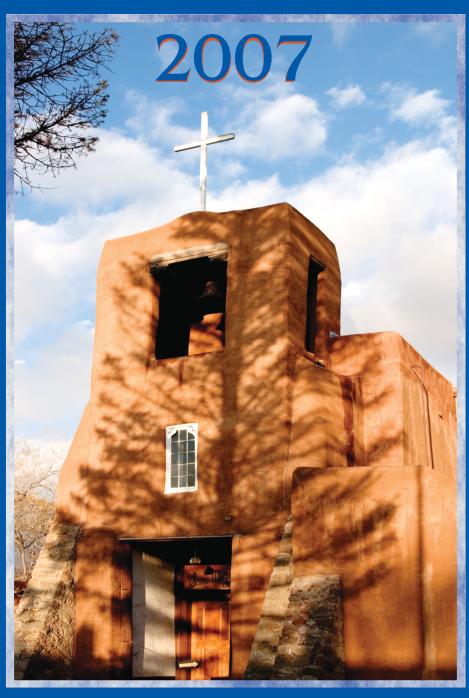
# City of Santa Fe <u>Division of Senior Services</u>

## PROGRAMS & CALENDAR



CHIMAYO • EDGEWOOD • EL RANCHO • ELDORADO • LUISA MARY ESTHER GONZALES • PASATIEMPO • RIO EN MEDIO SANTA CRUZ • VENTANA DE VIDA • VILLA CONSUELO

### **Division of Senior Services Accomplishments**







The Division of Senior Services was established in 1976 with the mission to support and assist senior citizens. Our services allow older adults to remain living in their own homes as comfortably and as independently as possible, thereby avoiding institutionalization while they actively contribute to the community. A belief in our seniors and a desire to promote the continuation of an active life has reinforced a commitment of care and quality in a variety of programs, at our eleven senior centers.

#### During Fiscal Year 2005/2006, we provided the following services:

- Membership enrollment totaled more than 8,525 seniors
- Transportation provided 49,607 rides
- Nutrition served 84,873 meals through the congregate meal sites
- Meals on Wheels delivered 165,805 meals to homebound seniors
- Outreach/Advocacy Representation was provided 8,999 times
- Health Promotion/Assessment Screening was provided 2,186 times
- Homemaker Services were provided for 157 individuals, totaling 7,072 hours
- Respite (Alzheimer's relief) staff provided approximately 11,671 hours of service, assisting 85 clients
- Family Caregiver Support provided counseling, medical equipment and financial support to over 122 families
- Foster Grandparent volunteers provided over 31,800 hours of service to children with special/exceptional needs
- Senior Companion volunteers provided 29,000 hours of assistance to frail, homebound clients
- Retired and Senior volunteers provided over 122,000 hours of service all over Santa Fe County
- Center Programming provided 38,189 sessions of recreation for 1,277 individuals

For the past 30 years, the Division of Senior Services has consistently expanded programs and tried new ideas while maintaining a steady and vital resource for seniors. We look forward to continuing to provide efficient, quality services to our clientele.

## City of Santa Fe Division of Senior Services

The Division of Senior Services offers a variety of programs to senior citizens (age 60 and over) at eleven senior centers throughout the City and County of Santa Fe. The services provided are essential parts of a long-term care system through the provision of the following programs:

## Terrie Rodriguez, DSS Director Administration/Information Phone 955-4721 Toll-free Administration/Information Phone 866-824-8714

Activities Programs	955-4725	Recreation/Fitness	955-4754
Family Caregiver Support Program	955-4745	Respite Care Program	955-4745
Foster Grandparent Program	955-4761	Retired & Senior Volunteer Program	955-4760
Health Promotion	955-4754	Rx America Group, Inc.	955-4721
Home Management	955-4745	Senior Companion Program	955-4761
Meals on Wheels	955-4748	Senior Olympic Program	955-4754
Membership ID Cards	955-4722	Special Events	955-4725
Non-Medical Personal Care	955-4745	Tax Aide Program	955-4721
Nutrition	955-4711	Transportation	955-4700
Outreach	955-4760	•	

City of Santa Fe Website: <a href="https://www.santafenm.gov">www.santafenm.gov</a>

Go to City Services, then Senior Services for additional information.

**ACTIVITIES PROGRAMS** A great variety of activities are available for senior citizens. Included are exercise classes, cookouts, art technique, clay, weaving, tin work, painting, arts and crafts, drawing, ceramics, wood carving, quilting, bingo, day trips, crochet, embroidery, knitting, sing alongs, dances, holiday events and senior center meetings. For more information contact Lupita Martinez at 955-4725, Christine Sanchez-Warren at 955-4715, Carmen Chávez-Luján at 955-4754, or Cristina Villa at 955-4733. Email <a href="mailto:lsmartinez@santafenm.gov">lsmartinez@santafenm.gov</a>

**FAMILY CAREGIVER SUPPORT PROGRAM** This program is designed to meet the needs of those providing care to family members. Educational/emotional support and guidance sessions are offered to caregivers dealing with stress associated with providing specialized care. There is also a free equipment loan bank, including wheelchairs, walkers, grab bars, shower/tub chairs, canes, etc. For more information or to schedule an assessment for services, contact Theresa Gabaldon at 955-4745. Email tpgabaldon@santafenm.gov

**FOSTER GRANDPARENT PROGRAM (FGP)** This program offers seniors age 60 and over opportunities to serve as mentors, tutors and caregivers for children and youth with special needs. Foster Grandparents provide 20 hours of service weekly to community organizations such as schools and Head Starts. Additionally, they offer emotional support to children who have been abused and/or neglected, mentor troubled teenagers and young mothers and care for premature infants and children with physical disabilities. Foster Grandparents receive modest tax-free stipends, reimbursement for transportation, meals during service, annual physical examinations, and free supplemental insurance while on duty. For more information contact Melanie Montoya at 955-4761 or Louise Kippert at 955-4744.

Email mmmontoya@santafenm.gov or lvkippert@santafenm.gov

**HEALTH PROMOTION** This program provides a wide variety of health education sessions and workshops on preventive health issues. Included are monthly blood pressure clinics, blood sugar and oxygen level tests, bi-monthly fall prevention/strength & balance workshops, etc. We also co-sponsor the annual Health & Safety Extravaganza. For more information contact Carmen Chávez-Luján at 955-4754. Email cchavez-lujan@santafenm.gov

**HOME MANAGEMENT** This program provides assistance with housekeeping chores. Services include light housekeeping (mopping, sweeping, dusting, washing dishes, laundry, ironing, etc.), light meal preparation and assisting with errands, grocery shopping, etc. For more information or to schedule an assessment for services, contact Theresa Gabaldon at 955-4745. Email <a href="mailto:tpgabaldon@santafenm.gov">tpgabaldon@santafenm.gov</a>

**MEALS ON WHEELS** Home delivered meals are available Monday through Friday for frail homebound elderly. The daily delivered meals are the same as those for the senior center meal sites, which provide 1/3 of the United States Recommended Daily Allowance (USRDA). For more information or to schedule an assessment for services, contact Juan Apodaca at 955-4748 or Robert Duran at 955-4747.

**MEMBERSHIP ID CARDS** If you are age 60 or over become a member and receive a Senior Center Membership ID Card for \$2.00. The cards are good for participation at any senior center throughout the City and County of Santa Fe, and they do not expire. Presentation of your membership ID card is requested during receipt of meals, transportation and participation in activities. Enrolling as a member and presenting your card for all services helps our programs secure future funding. For more information contact Brenda Ortiz at 955-4722, or Gloria Polaco at 955-4721. Email <a href="mailto:bmortiz@santafenm.gov">bmortiz@santafenm.gov</a>

**NON-MEDICAL PERSONAL CARE** This program provides bathing, shaving, dressing, manicuring, and other grooming for frail homebound elderly. Assistance includes range-of-motion and low-impact exercises to strengthen their physical condition. For more information or to schedule an assessment for services, call Theresa Gabaldon at 955-4745. Email <a href="mailto:tpgabaldon@santafenm.gov">tpgabaldon@santafenm.gov</a>

**NUTRITION** Congregate dining in a pleasant, relaxed environment is available Monday through Friday at eleven meal sites throughout the City and County of Santa Fe.\* The Division of Senior Services offers well balanced, nutritious meals, which provide 1/3 of the United States Recommended Daily Allowance (USRDA). Breakfast is served at the Luisa, Mary Esther Gonzales and Pasatiempo Senior Centers from 7:30 a.m. to 8:30 a.m. for a suggested donation of \$1.00, for seniors 60 and over. Lunch is served at all eleven centers, generally from 11:00 a.m. to 12:30 p.m. for a suggested donation



of \$1.50, for seniors 60 years and over. Meal tickets are available for a suggested donation of \$12.50 for 10 Meals. For more information contact Ron Vialpando or Lugi Gonzales at 955-4711. Email <a href="mailto:rjvialpando@santafenm.gov">rjvialpando@santafenm.gov</a> or <a href="mailto:lgonzales@santafenm.gov">lgonzales@santafenm.gov</a>

<sup>\*</sup> See page 6 for senior center/meal site addresses and phone numbers.

**OUTREACH** Senior Services provides the outreach of senior-related information in a variety of ways. Staff is available at all times to answer questions and provide advice and phone numbers for needs outside of Senior Services. Aside from the *Division of Senior Services Programs and Calendar of Events*, the *Senior Scene Newsletter* is published monthly and 3,000 copies are distributed throughout the City and County of Santa Fe. A weekly article in *The New Mexican* newspaper explores issues pertinent to seniors. Additionally, information is announced each weekday morning at 6:50am on the Que Suave radio station 810 AM. In order to keep in touch with the needs of Santa Fe at large, staff members sit on a number of Boards and committees. For more information or to submit outreach materials for these publications, contact Kristin Slater-Huff at 955-4760. Email <a href="mailto:kwslater-huff@santafenm.gov">kwslater-huff@santafenm.gov</a>

**RECREATION/FITNESS** All of the senior centers have opportunities for fitness and recreation. The Mary Esther Gonzales (MEG) Center has a full exercise room (open 7:30am-4:30pm), and the Pasatiempo Center has scheduled, instructor-led, fitness classes three days a week. Card playing and five billiards tables are available at the MEG Center and one billiard table at the Luisa Center. The Chimayo, El Rancho and Santa Cruz centers have looms for weaving. The MEG Center has a full size, theater-style movie screen and projector.

**RESPITE CARE PROGRAM** This program provides relief to primary caregivers of individuals diagnosed with Alzheimer's disease or dementia-related disorders, thus enabling the caregiver a break from the stress and the special care needs required of those individuals. This service provides companionship, maintains a clean and safe environment, includes minor meal preparation, memory exercises and minor non-medical personal care. For more information or to schedule an assessment for services, contact Theresa Gabaldon at 955-4745. Email tpgabaldon@santafenm.gov



**RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)** This program provides interested seniors age 55 and over with a wide variety of volunteer opportunities that meet vital community needs. The program supports volunteers through a free supplemental insurance program, volunteer recognition events, "thank you" gifts and birthday recognition. Volunteer opportunities include food distribution, benefits counseling, mentoring, hospital and library services, office reception, senior center activities, and much more. For more information contact Kristin Slater-Huff at 955-4760 or Cristy J. Montoya at 955-4743. Email <a href="mailto:kwslater-huff@santafenm.gov">kwslater-huff@santafenm.gov</a>

**RX AMERICA** Rx-America Group, Inc. is a non-profit organization which provides free consultation and assistance with the following, and related, services: filling out the VA application for medical and prescription benefits; having the Lawyer Referral staff assist with legal problems; and purchasing imported prescription drugs at 30%-90% off of what it would cost you here in Santa Fe. For more information or to schedule an appointment contact the M.E.G. Center at 955-4721 or Andres Romero at 690-2763. Email <a href="mailto:fxzk12A@aol.com">fxzk12A@aol.com</a> or <a href="mailto:andresromero@comcast.net">andresromero@comcast.net</a>

**SENIOR COMPANION PROGRAM (SCP)** This program offers seniors age 60 and over opportunities to serve as companions and/or caregivers for individuals with special and exceptional needs. Senior Companions provide 20 hours of companionship per week, serving several frail homebound elderly and offering emotional support to seniors who have been abused and/or neglected. Senior Companions receive modest tax-free stipends, reimbursement for transportation, meals during service, annual physical examinations and free supplemental insurance while on duty. For more information or to schedule an assessment, contact Melanie Montoya at 955-4761 or Louise Kippert at 955-4744. Email <a href="mailto:mmmontoya@santafenm.gov">mmmontoya@santafenm.gov</a> or <a href="mailto:lykippert@santafenm.gov">lykippert@santafenm.gov</a>

provides men and women, ages 50 and over, physical activities as well as an opportunity to share friendship with their peers city and county-wide. Senior Olympians participate within their own age category in athletic and recreational events. The program is designed to further motivate seniors to participate in year-round wellness activities, which heighten their physical and mental fitness. For more information contact Carmen Chávez-Luján at 955-4754. Email <a href="mailto:cchavez-lujan@santafenm.gov">cchavez-lujan@santafenm.gov</a>



**SPECIAL EVENTS** Many special events are coordinated each year. Senior centers host craft sales/bake sales as well as cook outs, birthday celebrations and holiday events. On occasion, the MEG Senior Center hosts Lawyer Referral for the Elderly, which provides free legal seminars and one-on-one consultations, AARP 55-Alive Defensive Driving Classes and other AARP related activities, Social Security Town Hall Meetings, etc. The Volunteer Programs host recognition and training events. For more information, contact Lupita Martinez at 955-4725. Email <a href="mailto:lsmartinez@santafenm.gov">lsmartinez@santafenm.gov</a>

**TAX AIDE PROGRAM** The Division of Senior Services, in conjunction with AARP New Mexico and the Santa Fe Community College, provide completion and electronic filing of income taxes for low-income seniors. This service runs, free of charge, every year from the beginning of February to April 15. For more information, contact Senior Services at 955-4721.

**TRANSPORTATION** Services are provided Monday, Wednesday, Thursday, Friday 8:00 a.m. to 4:30 p.m. and Tuesday 8:00 a.m. to 2:30 p.m. Rides for medical appointments are given top priority over all other rides. Every 3rd Tuesday rides will only be provided for commodities, medical appointments, and the lunch run. Transportation reservations MUST BE MADE 24 HOURS IN ADVANCE, before 3:00 p.m. There is a suggested donation of .50¢ per ride, for seniors age 60 and over. Drivers may arrive up to 15 minutes before or after scheduled pick up time, depending on previous pick-ups. For more information contact Robert Chavez at 955-4738 or Linda Quesada at 955-4756. To schedule a ride, contact Fran Rodriguez at 955-4700.

**TRAVEL** Senior Services staff works with the volunteer Travel Committee to orchestrate exciting trips for seniors to destinations including Laughlin, NV, Branson, MO, Carlsbad, NM, and occasionally even Hawaii. The proceeds from the trips are reverted back to the Division of Senior Services to strengthen other senior programs. For more information contact 955-4721, or Mary Dean at 955-4777.

## Santa Fe City and County Senior Center Locations

#### CHIMAYO SENIOR CENTER

(Benny Chavez Community Center) Rte. 1, Box 6-B (on Juan Medina Rd.) Chimayo, NM 87522 (505) 351-4686

#### **ELDORADO COMMUNITY CENTER**

1 Hacienda Loop Santa Fe, NM 87508 (Phone TBA)

#### **PASATIEMPO SENIOR CENTER**

664 Alta Vista Street Santa Fe, NM 87501 (505) 955-6433

#### VENTANA DE VIDA SENIOR CENTER

1500 Pacheco Street Santa Fe, NM 87505 (505) 955-6731

### EDGEWOOD SENIOR CENTER

114 Quail Trail Edgewood, NM 87015 (505) 281-2515

#### **LUISA SENIOR CENTER**

1500 Luisa Street (entrance on Columbia St.) Santa Fe, NM 87501 (505) 955-4717

#### RIO EN MEDIO SENIOR CENTER

El Alto Lane Rio en Medio, NM 87506 (505) 988-3053

### VILLA CONSUELO SENIOR CENTER

1200 Camino Consuelo Santa Fe, NM 87505 (505) 474-5431

#### **EL RANCHO SENIOR CENTER**

334 County Rd. 84 (on SFC 101 D) Santa Fe, NM 87506 (505) 455-2195

#### MARY ESTHER GONZALES (MEG) SENIOR CENTER

1121 Alto Street Santa Fe, NM 87501 (505) 955-4721

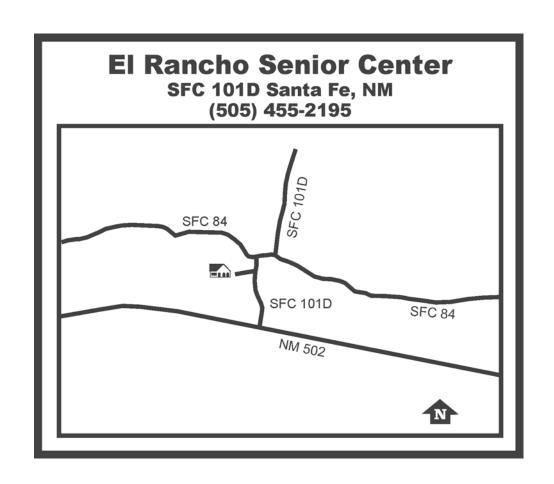
#### **SANTA CRUZ SENIOR CENTER**

(Abedon Lopez Community Center) 145 Santa Cruz Site (on Don Roberto) Santa Cruz, NM 87567 (505) 753-8598

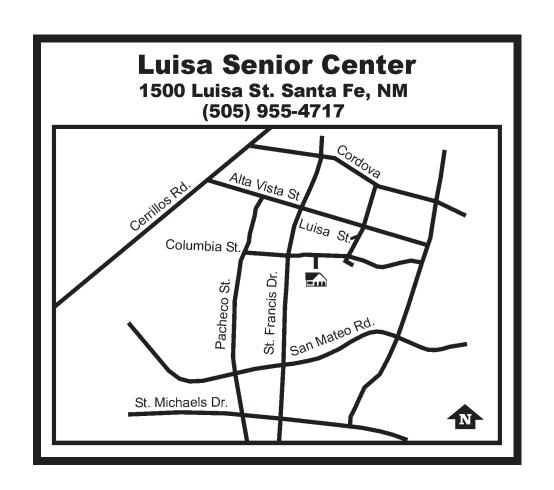
All centers are open Monday through Friday, except holidays. Call for specific times.



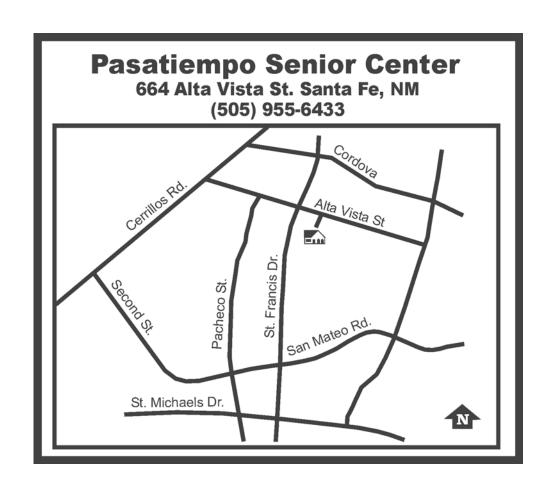


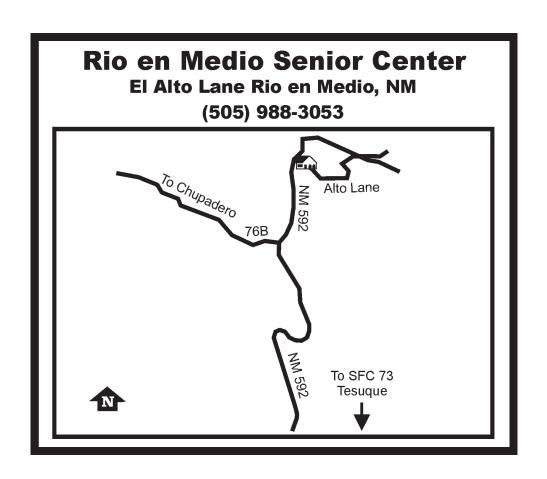


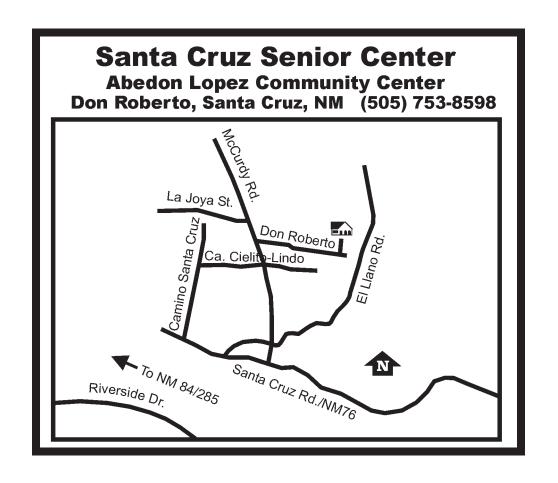


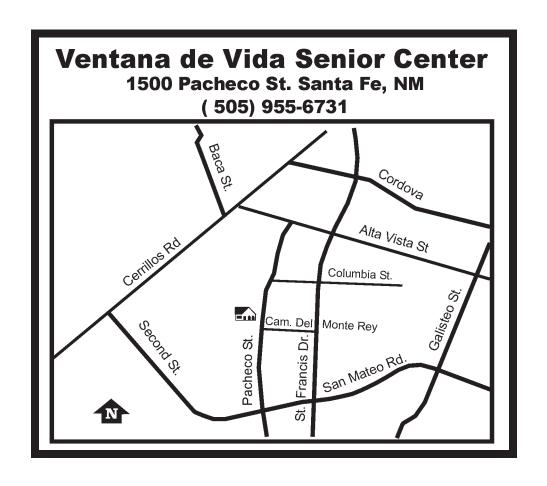


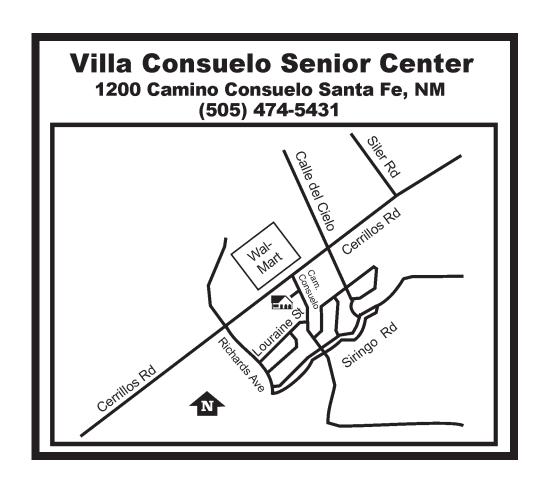












JANUARY		
Monday	Tuesday	Wednesday
1 All centers closed	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm Senior Olympics local registration kick-off 10:30am	Transportation Committee Mtg. 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class 1-5pm at M.E.G. Center.	10 Senior Olympic Committe Meeting 9:00am
15 Martin Luther King Jr. Day All centers closed	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	Advisory Board Meeting 9:30am at the Round House - Room 315 Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon
22	<b>23</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	<b>24</b> Senior Day - New Mexico State Legislature. Call 955-4721 to sign up to attend.
29	30 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	31

2007	
Friday	Saturday/Sunday
Ventana de Vida Committee Meeting 8:30am	6
	7
12	13
Birthday Celebration at Ventana de Vida 11:30am	
	14
19	20
Movie Day at M.E.G. 1:30am  Birthday Celebration at Luisa 11:30am	
	21
26	27
	28
Please note: M.E.G. = Mary Esther Gonzales Senior Center S.A.C. = Senior Activity Corporation (senior fund-raising group)	Make a difference this year. Become a volunteer! Call 955-4760 for information
	Friday  5 Ventana de Vida Committee Meeting 8:30am  12 Birthday Celebration at Ventana de Vida 11:30am  Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am  Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am

FEBRUARY		
Monday	Tuesday	Wednesday
	Free Tax Aide services all month. For information call Senior Services at 955-4721.	Senior Olympics registration all month long. For information, call 955-4721.
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm Writing workshop at M.E.G. begins.	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	<b>7</b> Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
Each day 9:00am - 4:00pm  12	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	14 Valentine's Day  Senior Olympics Committee Meeting 9:00am  Valentine's Day Dance at Fraternal Order of Eagles. 833 Early St. 1-4:00pm. \$2 Admission. Bring Senior ID card.
19 President's Day	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	Advisory Board Meeting 9:30am at Chimayo Senior Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon Family Caregiver Support Group at the
<b>26</b> Writing workshop at M.E.G. begins. Each day 9:00am - 4:00pm	RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Luisa Senior Center 1-3:30pm  28

	2007	
Thursday	Friday	Saturday/Sunday
<b>1</b> Edgewood Committee Meeting 12:00noon Santa Cruz Center Committee Mtg. 12:00noon	2 Groundhog Day  Ventana de Vida Committee Meeting 8:30am	3
Senior IDs issued at M.E.G. 9:30am -12:00pm & 1:30-3:00pm		4
8	9	10
Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am	Birthday Celebration at Ventana de Vida 11:30am	
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		11
15	16	17
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am	
		18
22	23	24
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		
Birthday Celebration at Edgewood 12:30pm		25

MARCH		
Monday	Tuesday	Wednesday
	Free Tax Aide services all month. For information please call Senior Services at 955-4721.	
5 Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
12	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm  AARP Defensive Driving Class 1-5pm at M.E.G. Center.	14 Senior Olympic Committee Meeting 9:00am
19	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	21  Advisory Board Meeting 9:30am at Edgewood Center  Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon
26	<b>27</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	28

2007		
Thursday	Friday	Saturday/Sunday
<b>1</b> Edgewood Committee Meeting 12:00noon Santa Cruz Committee Meeting 12:00noon	Ventana de Vida Committee Meeting 8:30am	3
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Writing workshop continued M.F.C.	4
Writing workshop continued, M.E.G.	Writing workshop continued, M.E.G.	
Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Senior IDs issued at M.E.G.	Birthday Celebration at Ventana de Vida 11:30am	10
9:30am-12:00pm & 1:30-3:00pm		11
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am	17 Saint Patrick's Day
AARP Defensive Driving Class 1-5pm at M.E.G. Center.	Senior Olympics Local Registration Deadline	18
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Edgewood 12:30pm	RSVP volunteers, we must have your hours worked for January, February, and March in the office by today.	24
Birthay Gelebration at Eugewood 12.50pm	Thank you.	25
29	30	31

APRIL		
Monday	Tuesday	Wednesday
	Senior Olympics Activities All Month. For more information and a schedule of events, please call Senior Services at 955- 4721.	Free Tax Aide services through April 14. For information please call Senior Services at 955-4721.
2	3	4
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
9	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	11 Senior Olympic Committee Meeting 9:00am
16 NATIONAL VOLUNTEER WEEK RSVP Volunteer Recognition Events this week. Look for your invitation in the mail.	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	Advisory Board Meeting 9:30am at El Rancho Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm
30	RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	25
30		

2007		
Thursday	Friday	Saturday/Sunday
		1 Palm Sunday April Fool's Day Daylight savings begins. Change your clocks, change your smoke detector batteries.
Edgewood Committee Meeting 12:00noon Santa Cruz Committee Meeting 12:00noon Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Ventana de Vida Committee Meeting 8:30am All centers closed half day. Meals on Wheels only, no congregate meals. Transportation 8-11:30am	7 8 Easter
Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at Ventana de Vida 11:30am	14 Tax Aide services end. 15
19 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	<b>20</b> Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am	21
26  Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Edgewood 12:30pm	27	28

	MAY		
Monday	Tuesday	Wednesday	
OLDER AMERICANS' MONTH Senior Olympics Activities All Month. For more information and a schedule of events, please call Senior Services at 955-4721.	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm	
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm  AARP Defensive Driving Class 1-5pm at M.E.G. Center.	<b>9</b> Senior Olympic Committee Meeting 9:00am	
14	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	Advisory Board Meeting 9:30am at Luisa Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon	
21  City of Santa Fe Senior Olympics Celebration and State Games Registration Kick-off 11:00am - 2:00pm	<b>22</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	23	
28 Memorial Day All centers closed	<b>29</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	30	

Thursday	2007	Caturday/Conday
Thursday	Friday	Saturday/Sunday
3	4	<b>5</b> Cinco de Mayo
Edgewood Committee Meeting 12:00noon Santa Cruz Committee Meeting 12:00noon Senior IDs issued at M.E.G.	Ventana de Vida Committee Meeting 8:30am	
9:30am-12:00pm & 1:30-3:00pm		6
10	11	12
Travel Committee Meeting 8:45am S.A.C. Committee Meeting 10:00am Senior IDs issued at M.E.G.	Birthday Celebration at Ventana de Vida 11:30am	
9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class 1-5pm		13 Mother's Day
at M.E.G. Center.		
17	18	19
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm	
Older Americans' Recognition Dance at Fraternal Order of Eagles, 833 Early St. 1-4:00pm. \$2 admission. Bring Senior ID card.	Birthday Celebration at Luisa 11:30am	20
24	25	26
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	City of Santa Fe Senior Olympics Talent Show. Fraternal Order of Eagles,	
Birthday Celebration at Edgewood 12:30pm	833 Early St. 2:00pm. FREE admission.	27
31		

JUNE		
Monday	Tuesday	Wednesday
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
11	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	13 Senior Olympic Committee Meeting 9:00am
18	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	Advisory Board Meeting 9:30am at M.E.G. Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm
25	RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	27

2007		
Thursday	Friday	Saturday/Sunday
	<b>1</b> Ventana de Vida Committee Meeting 8:30am	2
	City of Santa Fe Senior Olympics Registration and State Games Registration Kick-off.	3
7	8	9
Edgewood Committee Meeting 12:00noon Santa Cruz Committee Meeting 12:00noon	Birthday Celebration at Ventana de Vida 11:30am	
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		10
14 Flag Day  Travel Committee Meeting 8:45am	15 Birthday Celebration at M.E.G. 11:30am	16
S.A.C. Committee Meeting 10:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Movie Day at M.E.G. 1:30am  Birthday Celebration at Luisa 11:30am  Birthday Celebration at Luisa 11:30am	17 Father's Day
21	22	23
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	City of Santa Fe State Senior Olympic Games Registration Deadline	
	RSVP volunteers, we must have your hours worked for April, May, and June in the office by today. Thank you.	24
<b>28</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	29	30
Birthday Celebration at Edgewood 12:30pm		July 1

JULY		
Monday	Tuesday	Wednesday
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	4 Independence Day Pancake Breakfast on the Plaza All senior centers closed.
9	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	11 Senior Olympic Committee Meeting 9:00am Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
16	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am AARP Defensive Driving Class 1-5pm at M.E.G.	Advisory Board Meeting 9:30am at Pasatiempo Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon
23	<b>24</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	25
30	31 Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	

2007		
Thursday	Friday	Saturday/Sunday
Edgewood Committee Meeting 12:00noon Santa Cruz Center Committee Mtg. 12:00noon Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	<b>6</b> Ventana de Vida Committee Meeting 8:30am	8
Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Senior IDs issued at M.E.G.	13 Birthday Celebration at Ventana de Vida 11:30am	14
9:30am-12:00pm & 1:30-3:00pm  19	20	15 21
Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Summer Dance at Fraternal Order of Eagles 833 Early St. 1- 4pm. \$2 admission. Bring your Senior ID card. AARP Defensive Driving Class 1-5pm M.E.G.	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am	22
<b>26</b> Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	27	28
Birthday Celebration at Edgewood 12:30pm		29

AUGUST		
Monday	Tuesday	Wednesday
NEW MEXICO CONFERENCE ON AGING This month in Glorieta, NM. Call 476-4797.		Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:00pm
6	7	8
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Senior Olympic Committee Meeting 9:00am
13	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Advisory Board Meeting 9:30am at Glorieta Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon
20	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	22
27	RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	29

2007		
Thursday	Friday	Saturday/Sunday
2	3	4
Edgewood Committee Meeting 12:00noon Santa Cruz Center Committee Mtg 12:00noon Senior IDs issued at M.E.G.	Ventana de Vida Committee Meeting 8:30am	
9:30am-12:00pm & 1:30-3:00pm		5
9	10	11
Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am	Birthday Celebration at Ventana de Vida 11:30am	
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		12
16	17	18
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am	Indian Market Weekend
		19
23	24	25
Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		
Birthday Celebration at Edgewood 12:30pm		26
30	31	
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		

SEPTEMBER		
Monday	Tuesday	Wednesday
	Look in Senior Scene for date of Senior Health & Safety Extravaganza!	
3 Labor Day All centers closed.	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	<b>5</b> Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	12 Senior Olympic Committee Meeting 9:00am
17	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am AARP Defensive Driving Class 1-5pm at M.E.G.	Advisory Board Meeting 9:30am at Santa Cruz Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon
24	<b>25</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	26

2007		
Thursday	Friday	Saturday/Sunday
		1
		2
6 Edgewood Committee Meeting 12:00noon Santa Cruz Center Committee Mtg. 12:00noon	7 Santa Fe Fiestas  Ventana de Vida Committee Meeting 8:30am	8 Pet Parade
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Fiesta Dance at Fraternal Order of Eagles 833 Early St. 1-4pm. \$2 admission. Bring your Senior ID card.	All centers closed half day. Meals on Wheels only, no congregate meals. Transportation 8-11:30am only	9 Grandparent's Day Historical/Hysterical Parade
13 Rosh Hashanah  Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	<b>14</b> Birthday Celebration at Ventana de Vida 11:30am	15 16
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm AARP Defensive Driving Class 1-5pm M.E.G.	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am RSVP volunteers, we must have your hours worked for July, August,	22 Yom Kipper 23
Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Edgewood 12:30pm	and September in the office by today. Thank you.  28	30
		30

OCTOBER		
Monday	Tuesday	Wednesday
1	2	3
Villa Consuelo Committee Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
8 Columbus Day	9	10
All centers closed.	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Senior Olympic Committee Meeting 9:00am
15	16	17
	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Santa Cruz 11:30am	Advisory Board Meeting 9:30am at Ventana de Vida Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon
22	23	24
	RSVP Advisory Meeting 9:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	
29	30	31 Halloween
	Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Halloween Dance and Costume Contest at Fraternal Order of Eagles. 833 Early St. 1- 4pm. \$2 admission. Bring your Senior ID card.

2007 Thursday Friday Saturday/Sunday		
Thursday 4	Friday 5	Saturday/Sunday 6
Edgewood Committee Meeting 12:00noon Santa Cruz Committee Meeting 12:00noon Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Ventana de Vida Comittee Meeting 8:30am	7
11 Travel Committee Meeting 8:45am	12	13
S.A.C. Meeting 10:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at Ventana de Vida 11:30am	14
18 Conjunt IDe journel at M.E.C.	19	20
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm Birthday Celebration at Luisa 11:30am	21
Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Edgewood 12:30pm	26	27 Make a Difference Day. Join us to voluntee for a day! Call 955-4760.
		28

NOVEMBER		
Monday	Tuesday	Wednesday
National Caregiver Month	Active RSVP volunteers will receive recognition gifts this month. We are thankful for you!	
5	6 Election Day	7
Villa Consuelo Meeting 9:30am Chimayo Committee Meeting 12:30pm Pasatiempo Committee Meeting 1:00pm	Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm
12	Transportation Committee Meeting 10:00am Nutrition Committee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm  AARP Defensive Driving Class 1-5pm at M.E.G.	Senior Olympic Committee Meeting 9:00am Family Caregiver Support Group at the Luisa Senior Center 1-3:30pm Senior Services Thanksgiving Dinner
19 Arts & Crafts instructor's one-week holiday break begins	E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Birthday Celebration at Santa Cruz 11:30am No Senior IDs this week	Advisory Board Meeting 9:30am at Villa Consuelo Center Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon
26	<b>27</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	28

2007		
Thursday	Friday	Saturday/Sunday
1	2	3
Edgewood Committee Meeting 12:00noon Santa Cruz Center Committee Mtg. 12:00noon	Ventana de Vida Comittee Meeting 8:30am	
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		4
		Daylight savings ends. Change your clock, change your smoke detector batteries.
8	9	10 Veteran's Day
Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am	Birthday Celebration at Ventana de Vida 11:30am	
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		11
15	16	17
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm	
AARP Defensive Driving Class 1-5pm at M.E.G.	Birthday Celebration at Luisa 11:30am	18
<b>22</b> Thanksgiving	23	24
All centers closed	All centers closed	
		25
29	30	
Senior ID's issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Birthday Celebration at Edgewood 12:30pm		

DECEMBER				
Tuesday	Wednesday			
4	5			
Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Rio en Medio Committee Meeting 11:00am El Rancho Committee Meeting 12:30pm			
11	12			
Transportation Committee Meeting 10:00am Nutrition Commitee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Senior Olympic Committee Meeting 9:00am Senior Services Christmas Dinner			
18	19			
RSVP Advisory Meeting 9:00am  E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Birthday Celebration at Santa Cruz 11:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	Advisory Board Meeting 9:30am Location TBA Villa Consuelo Potluck 11:30am Bring a dish! Birthday Celebration at Villa Consuelo 12:30pm Birthday Celebration at El Rancho 12:00noon			
25 Christmas	<b>26</b> Kwanzaa Begins			
All centers closed.				
	Tuesday  4  Luisa Committee Meeting 8:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm  11  Transportation Committee Meeting 10:00am Nutrition Commitee Meeting 11:00am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm  18  RSVP Advisory Meeting 9:00am E.C.H.O. Commodity Distribution 9:30am-1:30pm County Extension Building, 3229 Rodeo Rd. Birthday Celebration at Santa Cruz 11:30am Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm  25 Christmas			

2007				
Thursday	Friday	Saturday/Sunday		
		1		
		2		
6 Edgewood Committee Meeting 12:00noon	<b>7</b> Ventana de Vida Committee Meeting 8:30am	8		
Santa Cruz Center Committee Mtg. 12:00noon Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm		9		
Travel Committee Meeting 8:45am S.A.C. Meeting 10:00am	14  Birthday Celebration at Ventana de Vida 11:30am	15		
Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm Snowball Dance at Fraternal Order of Eagles. 833 Early St. 1-4pm. Bring your Senior ID card. FREE admission.		16		
<b>20</b> Senior IDs issued at M.E.G. 9:30am-12:00pm & 1:30-3:00pm	<b>21</b> Birthday Celebration at M.E.G. 11:30am Movie Day at M.E.G. 1:00pm	22		
	Birthday Celebration at Luisa 11:30am  RSVP volunteers, we must have your hours worked for October, November and December in the office by today.  Thank you.	23		
<b>27</b> Birthday Celebration at Edgewood 12:30pm No Senior IDs issued this week.	28	29		
		30		

### **NOTES**

l
l

#### **USEFUL PHONE NUMBERS**

Senior Services Transportation	955-4700	La Familia on Alto St Medical	983-7417
City Transit	955-2001	La Familia on Alto St Dental	984-5048
City water, refuse, sewer	955-6551	La Familia Southside - Medical	471-9054
City Public Information	955-6046	La Familia Southside - Dental	474-1438
City Police non-emergency	428-3710	County Health	827-3560
County Sheriff non-emergency	986-2400	Adult Protective Services	827-7454
Low Income Energy Assistance	(800) 283-4465	Aging and Long-Term Services	476-4799
Lawyer Referral	(800) 876-6657	Med Bank Prescription Asst./	476-4846
Veterans Affairs Counseling	988-6562	Disabled and Elderly waiver	